



Four-week "Brand New to Yoga" Class

with

JennTara Ward

Saturdays 2:45-4:00 p.m.

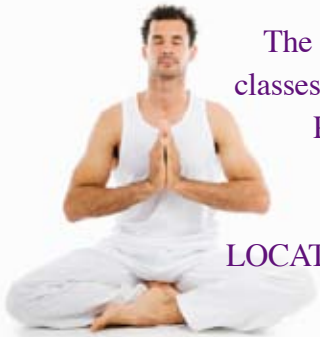
starting January 30 thru February 20, 2010



This class will be a mini introduction to the life affirming philosophy of Yoga, basic yoga poses, safe alignment based on body biomechanics and the breath.

This class will be offered on Saturdays from 2:45-4:00 p.m. at YogaSource in Richmond Heights. (www.stlouisyogasource.com)

The class will be held from January 30 – February 20. The fee for the four classes is \$55 plus tax. For the class to go, we need a minimum of six students. Please tell a friend! If you and a friend sign up the fee is \$50 each.



COST: \$55.00 plus tax (\$50 each if you bring a friend)

LOCATION: YogaSource 1500 S. Big Bend Blvd (1 block south of Hwy 64/40)

TO REGISTER: Send attached form with check payable to:

YOGASOURCE

1500 Big Bend Blvd, St. Louis, MO 63117 • (314) 645-9642

www.stlouisyogasource.com

Cancellation Policy: No refund after series begins



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YogaSource presents a four-week "Brand New to Yoga" Class with JennTara Ward, 1/30-2/20/10

Name: _____ Phone: (____) _____

Address: _____

City: _____ State: _____ ZIP _____

Email: _____

Mail or deliver form and fee of \$55.00 plus tax (\$50 each if you bring a friend) to:
YogaSource • 1500 Big Bend Blvd • St. Louis, MO 63117 • (314) 645-9642